

## FIG FLACK!



#### THE WOMEN'S ARTISTIC GYMNASTICS NEWSLETTER - N° 44 - November 2019

## LAUSANNE (SUI), November, 2019

#### To all Federations

Following the meeting held in November, and the World Championships in Stuttgart, the WTC presents

- WAG Code of Points updates
  - Clarifications
  - New elements January to September 2019 & World Championships 2019
  - Table of elements
  - Symbol charts
  - List of names
- 2019 World Championships Report Stuttgart (GER)

## Code of Points 2017 - 2020 - Clarifications

## Written Notification by TIME JUDGE to D-Panel (Sec 8)

Clarification: Timing related to all exercises (including start of exercise, exercise duration, etc.) will be done in 1 second increments.

Example for overtiming: Deduction starts with the beginning of the second 91. Between 90 and 91 is still part of the second 90.

- FX Pirouette Element 2.202 and 2.402 when performed with a free bent leg, they can only be performed with a hold of one hand as per COP diagram.
- <u>UB</u> When performing a Glide Kip, running under the LB will be considered as hit of mat (fall).

# > GUIDELINES FOR THE PREPARATION OF APPARATUS FOR THE TOUCH WARM UP DURING THE COMPETITION

(According to Section 2 and Section 4 of the Code of Points and the WAG Help Desk)

## **COMPETITION (Qualification, All-Around Final, Team Final)**

At the beginning of the competition preparation of apparatus can commence immediately following the introduction of the gymnasts/ team onto the FOP (field of play).

**When rotating** to the next apparatus, preparation for touch warm-up can commence when the gymnasts / team start the rotation.

#### UB

A maximum of two (2) persons with FOP transferrable access card/ gymnast accreditation are permitted on the podium to prepare the uneven bars.

#### VT/BB

A maximum of one (1) person with FOP transferrable access card/ gymnast accreditation is permitted on the podium to prepare the vault and balance beam.

## **COMPETITION (Apparatus Finals)**

Preparation of apparatus for the first gymnast can commence immediately following the introduction of gymnasts onto the FOP.

### **UB**

A maximum of two (2) persons with FOP transferrable access card/ gymnast accreditation are permitted on the podium to prepare the uneven bars.

#### VT/BB

A maximum of one (1) person with FOP transferrable access card/ gymnast accreditation is permitted on the podium to prepare the vault and balance beam.

The second person to assist with the preparation of the uneven bars must leave FOP following the performance of their gymnast.

We kindly request that the above information be distributed to your coaches and FIG Brevet judges.

Donatella SACCHI

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President of the Women's Technical Committee