GROUP 2 — HANDSPRING FWD WITH/WITHOUT 1/1 (360°) IN 1ST FLIGHT PHASE - SALTO FWD/BWD WITH/WITHOUT LA TURN IN 2ND FLIGHT PHASE

GROUP 2 — HANDS	SPRING FWD WITH/WITHOUT	1/1 (360°) IN 1 ST FLIGHT PHASE	E - SALIO FWD/BWD WITH/V	VIIHOUI LA IURN IN 2 ND FL	IGHT PHASE
2.30 Handspring fwd on – stretched salto fwd off	2.31 Handspring fwd on – stretched salto fwd with ½ turn (180°) off	2.32 Handspring fwd on – stretched salto fwd with 1/1 turn (360°) off	2.33 Handspring fwd on – stretched salto fwd with 1½ turn (540°) off	2.34 Handspring fwd on – stretched salto fwd with 2/1 turn (720°) off	2.35
4.60 P.	5.00 P.	5.40 P.	5.80 P.	6.20 P.	
	180°	360°	540°	720° 37° E	
2.40 Handspring fwd with 1/1 turn (360°) on – tucked salto fwd off	2.41 Handspring fwd with 1/1 turn (360°) on – piked salto fwd off	2.42	2.43	2.44	2.45
5.20 P.	5.60 P.				
EN 7	EN W				
<i>U</i> V <i>B</i>	O ¥ •••				
2.50 Handspring fwd on – tucked double salto fwd off 6.40 P.	2.51	2.52	2.53	2.54	2.55

6.000 — DISMOUNTS

		6.000 — DISM			_
A	В	С	D	E	F/G
6.101 From HB – underswing with ½ turn (180°) or 1/1 turn (360°) to stand	6.201 From HB – underswing with salto fwd tucked or piked	6.301 From HB – underswing with salto fwd tucked or piked with ½ turn (180°) or 1/1 turn (360°)	6.401 From HB – underswing with salto fwd tucked with 1½ turn (540°)	6.501	6.601
180°		180° Pre "	From HB - underswing with salto fwd stretched with ½ turn (180°).		
ly le	<u>f</u> r <u>f</u> w	360°	180°		
From HB – clear underswing with ½ turn (180°) or 1/1 turn (360°) to stand	6.202	6.302 From HB – clear underswing with salto fwd tucked or piked also with ½ turn (180°)	6.402 From HB – clear underswing with salto fwd tucked with 1/1 turn (360°)	6.502 From HB – clear underswing with salto fwd tucked with 1½ turn (540°)	6.602
360		ho " he "	POE TO	540	
le le		V V V V V V V V V V V V V V V V V V V	Clear pike underswing to salto fwd stretched with ½ turn (180°)	hre	
		tucked – also with ½ (180°) turn	180°		
		1 1 1	From HB – clear straddle circle with salto fwd tucked with 1/1 twist (360°)		
		XX XXE	XOE		

6.000 — DISMOUNTS

	1		PISMOUNTS	1	1
Α	В	С	D	E	F/G/H
6.105	6.205	6.305	6.405 Double salto bwd tucked	6.505 Double salto bwd piked	6.605
			20	veev	6.705 Double salto bwd tucked or piked with 1/1 twist (360°) Eul V
					6.805 Double salto bwd tucked with 2/1 twist (720°) 720°

1.000 – GYMNASTIC LEAPS, JUMPS AND HOPS						
A	В	С	D		E	F/G
1.109 (*)	1.209 (*)	1.309	1.409 (*)	1.509		1.609
Split jump (leg separation 180°)	Ring jump (rear foot at head height,	Split ring leap (180° separation of	Split leap, or split jump to ring			
- 14	body arched and head dropped bwd,	legs)	position with 1/1 turn (360°)			
# N P	180° separation of legs)					
· ((4		3.6			
8 R	12 B	o tel h	8 B Long			
		E De A	ALT P			
<u> </u>			次厂/ IT			
"			() () () () () () () () () ()			
Stag jump						
Stag jamp	g/		<u> </u>			
49 M	11/-		4)		(*) Elements in the	e same box with an
1 2 2					(*) asterisk receive chronological orde	e credit only once in
$S \sim S$	Stag ring jump (rear foot at head				Crironological orde	
& #C_	height, body arched and head					
	dropped bwd)		en1 4			
II O	lot a		· 1651 . 18			
-/	\$ SZ X		B			
			X 0 2			
Stag jump with ½ turn (180°)			360			
Stag jump with /2 tum (100)						
1						
\$ \$10.00	N		2			
	J-		,			
The second second			****			
)	Split jump to ring position (180°					
	separation of legs)					
	oparation of regor					
U	as bet as		Split leap to ring position with			
,, <u>Ö</u>	10 m		Split leap to ring position with ½ turn (180°)			
" - >	\$\frac{1}{2} \text{\text{\$\gamma}}		1000			
Ciarana (lan agrantian 1969) - the			- W W - 4 -			
Sissone (leg separation 180°on the diagonal/45°to the floor) take off two						
feet, land on one foot	<u> </u>					
. 13			180° VII			
W 18	Split jump to ring position with ½ turn					
12 -20	(180°)					
			<u> </u>			
TE	28 15 15		_			
(/	7					
) 180° (
17	100					
/						
u '	II -0					

2.000 - GYMNASTIC TURNS

A	В	C	D	E
2.103	2.203 1/1 turn (360°) with free leg held upward in 180° split position throughout turn 360°	2.303	2.403 2/1 turn (720°) with free leg held upward in 180° split position throughout turn 720°	2.503 3/1 turn (1080) with free leg held upward in 180° split position throughout turn
2.104	2.204 1/1 turn (360°) in back attitude (knee of free leg at horizontal throughout turn)	2.304	2.404 (*) 2/1 turn (720°) in back attitude (knee of free leg at horizontal throughout turn) 2/1 turn (720°) with free leg held with both hands bwd/upward throughout turn	2.504
2.105	2.205 1/1 turn (360°) in scale FWD with free leg above horizontal throughout turn 360°	2.305	2.405	2.505

2.000 - GYMNASTIC TURNS

Λ.		2.000 - GTWINASTIC TURNS		
A	В	С	D	Е
2.106	2.206 1/1 illusion turn (360°) through standing split without touching floor with hand	2.306	2.406	2.506
2.107 (*)	2.207	2.307	2.407	2.507
1/1 turn (360°) in tuck stand on one leg - free leg optional	2/1 turn (720°) in tuck stand on one leg – free leg bent	2/1 (720°) turn starting with free leg at horizontal, lowering to complete the turn in wolf position	2/1 turn (720°) in tuck stand on one leg - free leg straight throughout turn (no turn initiation with a push from hands on floor)	3/1 turn (1080°) in tuck stand on one leg - free leg straight throughout turn (no turn initiation with a push from hands on floor)
360'		7200	2,000	
a d sec li	₩		₩	₩(3)
₩ W				
2.108	2.208 2/1 spin (720°) or more on back in kip position (hip-leg < closed)	2.308	2.408	2.508
	BARRANE ARE			
	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\			

4.000 - SALTOS FORWARD & SIDEWARD

A	В	4.000 - SALTOS FORT	D	E	F/G/H
4.101	4.201	4.301	4.401	4.501	4.601
Salto fwd tucked or piked	Salto fwd tucked with ½ or 1/1			Double salto fwd tucked	Double salto fwd tucked, with 1/2
,	twist (180° or 360°), also				twist (180°) or Double salto fwd
	Salto fwd piked with ½ twist (180°)			40.50	piked
	100				
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4.102	4.202 Salto fwd stretched,	4.302 Salto fwd stretched with 1/1 or 1½	4.402 Salto fwd stretched with 2/1	4.502 Salto fwd stretched with 2½ twist	4.602 Salto fwd stretched with 3/1 twist
	also with ½ twist (180°)	twist (360° or 540°)	twist (720°)	(900°)	(1080°)
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5.000 - SALTOS BACKWARD

		5.000 - SALTOS			
Α	В	С	D	E	F/G/H/I/J
5.101 Salto bwd tucked, piked, or stretched	5.201 Salto bwd stretched with ½, or salto bwd tucked or stretched with 1/1 twist (180° or 360°)	Salto bwd stretched with 1½ or 2/1 twist (540° or 720°)	5.401 Salto bwd stretched with 2½ twist (900°)	5.501 Salto bwd stretched with 3/1 twist (1080°)	5.601 Salto bwd stretched with 3½ twist (1260°)
reverse	E E	540°	9000	1080°	1260°
	360. E N	720.		عها	
5.102	5.202	5.302	Double salto bwd tucked Double salto bwd piked	5.502 Double salto bwd tucked or piked with 1/1 twist (360°)	5.602 / 5.702 5.802 Double salto bwd tucked with 2/1 twist (720°)
			veer	ELLE ELLEN	5.1002 Double salto bwd tucked with 3/1 twist (1080°)