WOMEN'S ARTISTIC GYMNASTICS ELEMENTS						
APPARATUS		NAMED AFTER	FED	DESCRIPTION	EVENT / YEAR	VIDEO
Vault						
Vault	1	Kim Nellie	USSR	Handspring fwd on - 1½ (540°) off	WC Varna (BUL) 1974	
Vault	1	Korbut Olga	USSR	Handspring fwd with 1/1 turn (360°) on - 1/1 turn (360°) off		
Vault	2	Chusovitina Oksana	UZB	Handspring fwd on - piked salto fwd with 1/1 turn (360°) off		
Vault		Chusovitina Oksana	UZB	Handspring fwd on - stretched salto fwd with 1½ turn (540°) off		
Vault	2	Davydova Elena	USSR	Handspring fwd with 1/1 turn (360°) on - tucked salto fwd off		
Vault		Evdokimova Irina	KAZ	Handspring fwd on - stretched salto fwd off		
Vault		Produnova Elena	RUS	Handspring fwd on - tucked double salto fwd off		
Vault	2	Wang Huiying	CHN	Handspring fwd on - stretched salto fwd with ½ turn (180°) off		
Vault	2	Yeo Seojeong	KOR	Handspring fwd on - stretched salto fwd with 2/1 turn (720°) off	Korean Cup (KOR) 2019	
Vault	3	Kim Nellie	USSR	Tsukahara tucked with 1/1 turn (360°) off	OG Montreal (CAN) 1976	
Vault	3	Kim Nellie	USSR	Tsukahara stretched with 1/1 turn (360°) off	WC Strasbourg (FRA) 1978	
Vault	3	Tourischeva Liudmila	USSR	Tsukahara tucked		
Vault	3	Zamolodchikova Elena	RUS	Tsukahara stretched with 2/1 turn (720°) off		
Vault	4	Amanar Simona	ROU	Round-off flic-flac on - stretched salto bwd with 2½ turn (900°) off		
Vault	4	Dungelova Erika	BUL	Round-off flic-flac on - tucked salto bwd with 2/1 turn (720°) off		
Vault	4	Luconi Patrizia	ITA	Round-off, flic-flac with ¾ turn (270°) on – tucked salto bwd off		
Vault		Baitova Svetlana	USSR	Round-off flic-flac on - stretched salto bwd with 2/1 turn (720°) off		
Vault	4	Yurchenko Natalia	USSR	Round-off flic-flac on - tucked salto bwd off		
Vault		Cheng Fei	CHN	Round-off flic-flac with ½ turn (180°) on - stretched salto fwd with 1½ turn (540°) off		
Vault		Ivantcheva Velina	BUL	Round-off flic-flac with ½ turn (180°) on - tucked salto fwd off		
Vault		Khorkina Svetlana	RUS	Round-off flic-flac with ½ turn (180°) on - tucked salto fwd with 1½ turn (540°) off		
Vault		Omelianchik Oksana	USSR	Round-off flic-flac with ½ turn (180°) on - piked salto fwd off	-	
Vault		Podkopayeva Lilia	UKR	Roud-off flic-flac with ½ turn (180°) on - piked salto fwd with ½ turn (180°) off		
Vault	5	Servente Veronica	ITA	Round-off flic-flac with ½ turn(180°) on – tucked salto fwd with ½ turn (180°) off		
Vault	5	Biles Simone	USA	Round off Flic-flac with ½ turn (180°) on - Stretched Salto fwd with 2/1 turn (720°) off	WC Doha (QAT) 2018	

WOMEN'S ARTISTIC GYMNASTICS ELEMENTS						
APPARATUS	NAMED AFTER	FED	DESCRIPTION	EVENT / YEAR	VIDEO	
Jneven Bars						
Jneven Bars	1 Gonzales Leyanet	MEX	Round-off in front of LB flic-flac through hstd phase on LB			
Ineven Bars	1 Gurova Elena	USSR	Round-off in front of LB flic-flac with 1/1 turn (360°) to clear support or through hstd phase on LB			
Ineven Bars	Jentsch Martina	DDR	Round-off in front of LB - Tucked salto bwd over LB to hang on LB			
Ineven Bars	Maaranen Anna-Mari	FIN	Jump with extended body to hstd on LB also with 1/1 turn (360°) in hstd phase			
Ineven Bars	Makhautsova Volha	BLR	Free stretch jump over LB with legs together to hang on HB	WC Tokyo (JPN) 2011		
Ineven Bars	McNamara Julianne	USA	Jump to clear support on HB - clear hip circle to hstd on HB also with ½ turn (180°) in hstd phase on HB			
Ineven Bars	1 Gebeshian Houry	ARM	Mount: - Hecht jump (legs together) with hand repulsion and 1/1 turn (360°) over LB to hang on HB	OG Rio de Janeiro, (BRA)2016	1	
Ineven Bars	2 Caslavska Vera	CZE	From front support on HB – swing bwd with release and 1/1 turn (360°) to hang on HB			
Ineven Bars	Comaneci Nadja	ROU	Front support on HB - cast with salto fwd straddled to hang on HB			
Ineven Bars	2 Yarotska Irina	UKR	Clear hip circle bwd on LB with hecht to hang on HB			
neven Bars	Delladio Tanja	CRO	From hstd on LB hecht vault to hang on HB			
neven Bars	2 Hindorff Silvia	DDR	Clear hip circle on HB counter straddle to hang on HB			
Ineven Bars	2 Khorkina Svetlana	RUS	Clear hip circle through hstd with ½ turn (180°) in flight to hang on HB			
Ineven Bars	2 Radocla Birgit	DDR	From inner front support on LB - cast with salto roll fwd to hang on HB			
Ineven Bars	2 Reeder Anika	GBR	Cast with 1½ turn (540°) to hstd			
Ineven Bars	2 Shang Chunsong	CHN	Clear hip circle on HB, counter pike to hang on HB	WC Antwerp (BEL) 2013		
Ineven Bars	Shaposchnikova Natalia	USSR	Inner front support on LB - clear hip circle through hstd with flight to hang on HB			
neven Bars	3 Bhardwaj Mohini	USA	Pak Salto with 1/1 turn (360°)	OG Athens, (GRE) 2004		
Ineven Bars	3 Cappuccitti Stephanie	CAN	Swing bwd and salto fwd stretched to hang on HB			
neven Bars	3 Chusovitina Oksana	UZB	Giant circle bwd to hstd with hop 1/1 turn (360°) in hstd phase			
neven Bars	3 Davydova Elena	USSR	Long swing fwd counter straddle-reverse hecht over HB to hang			
neven Bars	3 Ejova Liudmila	RUS	Swing bwd release and ½ turn (180°) in flight between the bars to catch LB in hang			
neven Bars	3 Hristakieva Snejana	BUL	Swing fwd and salto bwd stretched with 1½ turn (540°) to hang on HB			
neven Bars	3 Kononenko Nataliya	UKR	Tkatchev with ½ turn (180°)	WC Tokyo (JPN) 2011		
neven Bars	3 Li Ya	CHN	Jaeger Salto straddled with ½ turn (180°) to hang on HB			
neven Bars	3 Liu Xuan	CHN	Giant circle bwd to hstd on one arm			
neven Bars	3 Mo Huilan	CHN	Swing bwd salto fwd tucked over HB to hang on HB (Mo-Salto)		1	
neven Bars	3 Monckton Mary-Anne	AUS	Long Swing fwd with ½ turn (180°), pike vault over HB to hang	WC Tokyo (JPN) 2011	1	
neven Bars	3 Nyeste Adrienn	HUN	Swing fwd and salto bwd with 1/2 turn (180°) straddle-piked	•	1	
Ineven Bars	3 Pak Gyong Sil	PRK	Hang on HB, facing LB – swing fwd, salto bwd stretched between bars to clear support on LB			
neven Bars	3 Shushunova Elena	USSR	Long swing fwd with ½ turn (180°) further ½ turn (180°) to counter straddle in flight over HB to hang		1	

WOMEN'S ARTISTIC GYMNASTICS ELEMENTS						
APPARATUS		NAMED AFTER	FED	DESCRIPTION	EVENT / YEAR	VIDEO
Jneven Bars	3	Strong Lori	CAN	Hang on HB – Swing fwd with 1½ turn (540°) and flight over LB to hang on LB		
Jneven Bars	3	Volpi Giulia	ITA	Swing bwd with free stoop or straddle vault and ½ turn (180°) over HB to hang		
Jneven Bars	3	Zhang Wenning	CHN	Swing bwd with free stoop or straddle vault and ½ turn (180°) over HB to hang		
Jneven Bars	3	Retiz Hernandez, Karla Yanin	MEX	Hang on HB – Swing fwd with ½ turn (180°) and flight to hstd with ½ turn (180°) on LB	WC Nanning (CHN), 2014	
Jneven Bars	3	Zaytseva Anna	KAZ	Giant circle fwd in L grip to hstd with piked or stretched body, also with 1/2 turn (180°) to hstd		
Jneven Bars	4	Downie Rebecca	GBR	Stalder bwd on HB with counter pike – reverse hecht over HB to hang	WC Rotterdam (NED) 2010	
Jneven Bars	4	Frederick Marcia	USA	Stalder bwd with 1/1 turn (360°) in hstd phase		
Jneven Bars	4	Galante Paola	ITA	Clear pike Circle bwd with counter straddle (open hip before flight) – reverse Hecht over HB to hang	WC London (GBR) 2009	
Jneven Bars	4	Komova Viktoria	RUS	Clear pike circle bwd through hstd with flight and ½ turn(180°) to hang on HB	YOG Singapore (SIN) 2010	
Jneven Bars	4	Komova Viktoria	RUS	Clear pike circle bwd through hstd with flight to hang on HB.	WC Tokyo (JPN) 2011	
Jneven Bars	4	Ray Elise	USA	Facing inward - Stalder bwd with release and counter movement fwd in flight to hang on HB		
Jneven Bars	4	Derwael Nina/Fenton Georgia-Mae	BEL/GBR	Backward Stalder with counter straddle reverse hecht over HB with ½ (180°)turn to hang in mixed L-grip	WC Montreal (CAN) 2017	
Jneven Bars	4	Ricna Hanna	CZE	Stalder bwd on HB with counter straddle-reverse hecht over HB to hang		
Jneven Bars	4	White Morgan	USA	Stalder fwd in L grip to hstd also with ½ turn (180°) in hstd phase		
Jneven Bars	4	Zgoba Dariya	UKR	Clear pike circle bwd on LB with hecht flight to hang on HB		
Jneven Bars	5	Alt Tabea	GER	Stoop trough on HB, dislocate and release with half (180°) turn in flight between the bars to catch LB in hang	WC Montreal (CAN) 2017	
Jneven Bars	5	Burda Liubov	USSR	Underswing on HB or LB with 1 ½ turn (540°) to hang	OG 1068 MEXICO	
Jneven Bars	5	Church Savannah	GBR	Pike sole circle bwd counter pike hecht over HB to hang		
Jneven Bars	5	Hoefnagel Hanneke	NED	Pike sole circle fwd in reverse with 1/1 turn (360°) in hstd phase		
Jneven Bars	5	Krasnyanska Irina	UKR	From hstd clear pike circle bwds to rear inverted pike support		
Jneven Bars		Kim (Name TBC)	PRK	Facing outward on HB – underswing with support of feet-counter salto fwd straddled to catch on HB		
Jneven Bars	5	Li Li	CHN	Clear rear pike support (legs together) on HB - full circle swing bwd with stoop out bwd to hang on HB		
Jneven Bars	5	Li Li	CHN	Clear rear pike support (legs together) on HB - full circle swing bwd with counter flight bwd straddled		
Jneven Bars	5	Lucke Anneke	NED	Pike sole circle bwd with 1½ turn (540°) to hstd		
Jneven Bars	5	Luo Li	CHN	Stoop in to Adler-seat (pike) circle fwd through clear extended support to finish in L grip (deviation up to 30° allowed)		
Jneven Bars	5	Maloney Kristen	USA	Inner front support on LB – pike sole circle bwd through hstd with flight to hang on HB		
Jneven Bars	5	Mirgoradskaja Anna	UKR	Clear rear pike support on HB (legs together)-full circle swing bwd-continuing through clear rear pike support bwd over HB into hang.		
Jneven Bars	5	Nabieva Tatiana	RUS	Pike sole circle bwd with counter stretched hecht (layout position over HB) to hang	WC Rotterdam (NED) 2010	
Jneven Bars	5	Ray Elise	USA	Hstd on HB - Pike sole circle bwd counter straddle-reverse hecht over HB to hang		
Jneven Bars		Seitz Elisabeth	GER	Pike sole circle bwd through hstd with flight 1/1 turn(360°) to hang on HB	WC Tokyo (JPN) 2011	
Jneven Bars	5	Teza Elvire	FRA	Circle swing bwd and continue to salto bwd stretched (or piked) between bars to clear support on LB	,	
Jneven Bars		Tweddle Elizabeth	GBR	Pike sole circle bwd with counter straddle hecht over HB with ½ turn (180°) to hang in mixed L-grip		

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APPARATUS		NAMED AFTER	FED	DESCRIPTION	EVENT / YEAR	VIDEO
Uneven Bars	5	Van Leeuwen Laura	NED	Pike sole circle bwd through hstd with flight and ½ turn (180°)		
Uneven Bars	6	Arai (Name TBC)	JPN	Swing down fwd between bars in L Grip. Swing bwd to salto fwd with ½ turn (180°) into salto bwd tucked		
Uneven Bars	6	Bar (Name TBC)	TBC	Swing down between bars - swing fwd to salto bwd stretched witth 3/1 turn (1080°)		
Uneven Bars	6	Blanco Bibiana	COL	Swing down between bars - swing fwd to salto bwd stretched with ½ turn (180°) - into salto fwd stretched		
Uneven Bars	6	Brunner Jenny	GER	Clear pike circle bwd to salto fwd stretched with ½ turn (180°)		
Uneven Bars	6	Chusovitina Oksana	UZB	Swing fwd to double salto bwd tucked with 1/1 turn (360°) in second salto		
Uneven Bars	6	Comaneci Nadja	ROU	Underswing with ½ turn (180°) to salto bwd tucked or piked		
Uneven Bars	6	Delladio Tanja	CRO	On HB - Salto bwd tucked		
Uneven Bars	6	Fabrichnova Oksana	USSR	Swing fwd to double salto bwd tucked with 2/1 turn (720°)		
Uneven Bars	6	Fontaine Larisa	USA	Swing fwd to salto bwd tucked with ½ turn (180°) – into salto fwd tucked		
Uneven Bars	6	Giovannini Carlotta/Li Ya	ITA/CHN	Swing fwd with ½ turn (180°) to double salto fwd piked		
Uneven Bars	6	Gonzales Gabriela, Gratt Tanja	MEX/AUT	Salto bwd tucked or piked over HB		
Uneven Bars	6	Ji Liya	CHN	Swing fwd to salto bwd stretched with 2½ turn (900°)		
Uneven Bars	6	Kraeker Steffi	DDR	From HB – underswing with ½ turn (180°) to salto bwd tucked with 1/1 turn (360°)		
Uneven Bars	6	Ma Yanhong	CHN	Hip circle bwd (also clear) on LB or HB - hecht with 1/1 turn (360°) to salto bwd		
Uneven Bars	6	Alt Tabea	GER	Clear Straddle circle with salto forward tucked with ½ turn (180°)	WC Montreal (CAN) 2017	
Uneven Bars	6	Petz Emelie	GER	Clear straddle circle with salto forward tucked with 1/1 twist (360°)	WCH Stuttgart (GER) 2019	
Uneven Bars	6	Fan Yilin	CHN	from L-grip, Swing bwd, ½ (180°) turn, to double salto bwd tucked	WC Montreal (CAN) 2017	
Uneven Bars	6	Magaca Brenda	MEX	Swing fwd to triple salto bwd tucked		
Uneven Bars	6	Moors Victoria	CAN	From HB - underswing with salto fwd stretched with ½ turn (180°)	OG London (GBR) 2012	
Uneven Bars	6	Morio Maiko	JPN	Swing down between bars - swing fwd to double salto bwd tucked with 1/1 turn (360°) in first salto		
Uneven Bars	6	Mukhina Elena	USSR	Hip circle bwd (also clear) on LB or HB - hecht with salto bwd tucked		
Uneven Bars	6	Mustafina Aliya	RUS	Swing fwd to double salto bwd tucked with 1½ turn (540)	WC Rotterdam (NED) 2010	
Uneven Bars	6	Okino Betty	USA	Front support on HB - clear underswing with ½ turn (180°) to salto bwd stretched		
Uneven Bars		Parolari Lia	ITA	Salto bwd tucked		
Uneven Bars	6	Pechstein Tanja	SUI	Swing bwd to salto fwd stretched with 1½ turn (540°)		
Uneven Bars	6	Pentek Tunde	HUN	Swing bwd to double salto fwd piked with ½ turn (180°)		
Uneven Bars	6	Plichta Paula	POL	Clear straddle circle with salto fwd tucked		
Uneven Bars	6	Ray Elise	USA	Swing fwd to double salto bwd stretched with 2/1 turn (720°)		
Uneven Bars	6	Varga Adrienne	HUN	Swing fwd to salto bwd stretched with ½ turn (180°) into salto fwd piked with ½ turn (180°)		

WOMEN'S ARTISTIC GYMNASTICS ELEMENTS						
APPARATUS		NAMED AFTER	FED	DESCRIPTION	EVENT / YEAR	VIDEO
Balance Beam						
Balance Beam		Baitova Svetlana	USSR	Two flank circles folowed by leg "Flair"		
Balance Beam		Dick Marisa	TTO	Mount: Change leg leap to free cross split sit - diagonal approach to beam.	WC Glasgow (GBR) 2015	
Balance Beam		Dick Marisa	TTO	Mount: Diagonal approach to beam – Leap with leg change and ½ turn (180°) to free cross split sit	OG Rio de Janeiro, (BRA)2016	
Balance Beam		Beukes Ramona	NAM	Straddle pike jump bwd over beam from round-off into immediate hip circle bwd – 90° approach to beam		
Balance Beam		Dunn Jacqui	AUS	Round-off at end of beam – flic-flac with ½ turn (180°) and walkover fwd		
Balance Beam		Erceg Tina	CRO	Round-off at end of beam – take off bwd. with ½ turn (180°) - tucked salto fwd to stand		
salance Beam		Garrison Kelly	USA	Round-off at end of beam – salto bwd tucked with 1/1 turn (360°) to cross stand on beam		
salance Beam		Gurova Elena	USSR	Round-off in front of beam – jump with ½ turn (180°) to near side hstd		
salance Beam salance Beam		Li Yifang	CHN CAN	Jump press or swing to cross or side hstd – 1/1 turn (360°) in hstd - release one hand with swing down swd		
alance Beam		Homma Leah Philips Kristie	USA	3 flying flairs Press to side hstd - walkover fwd to side stand on both legs		
alance Beam		Rankin janine	CAN	Jump or press on one arm to hitd		
alance Beam	1		USSR	Jump with stretched hips to planche		
alance Beam	1	Tsavdaridou Vasiliki	GRE	Round-off at end of beam - flic-flac with 1/1 turn (360°) into swing down to cross straddle sit	+	1
alance Beam	1	Wong Hiu Ying Angel	HKG	Salto fived tuck with ½ turn (180°)	OG London (GBR) 2012	+
alance Beam		Zamolodchikova Elena	RUS	Round-off in front of beam - flic-flac with 1/1 turn (360°) to hip circle bwd	CC LUNGON (GBIX) 2012	+
alance Beam		Johnson Kathy	USA	Leap fwd with leg change and 1/4 turn (90°) to side split leap (180°) or straddle pike position		1
alance Beam		Teza Elvire	FRA	From side stand – Jump to over split with body arched and head dropped bwd		
alance Beam		Yang Bo	CHN	From Cross stand – Jump to over split with body arched and head dropped bwd		
Salance Beam		Galante Paola	ITA	1½ turn (540°) with free leg held upward in 180° split position throughout the turn	WC London (GBR) 2009	
alance Beam		Sugihara Aiko	JPN	2/1 (720°) turn with free leg held upward in 180° split position throughout the turn	WC Montreal (CAN) 2017	
alance Beam		Humphrey Terin	USA	2½ turn (900°) in tuck stand on one leg - free leg optional	,	
alance Beam		Li Li	CHN	1½ (450°) turn on back in kip position (hip-leg angle closed)		
alance Beam		Mitchell Lauren	AUS	3/1 turn (1080) in tuck stand on one leg – free leg optional	WC Rotterdam (NED) 2010	
alance Beam		Okino Betty	USA	3/1 turn (1080°) on one leg - free leg optional below horizontal	ì	
alance Beam	3	Preziosa Elisabetta	ITA	1/1 turn (360°) pirouette with free leg held bwd s with both hands	WC Tokyo (JPN) 2011	
alance Beam	3	Wevers Sanne	NED	2/1 turn (720) with heel of free leg fwd at horizontal throughout turn (support and free leg may be straight or bent)	WC Rotterdam (NED) 2010	
alance Beam	4	Garrison Kelly	USA	"Valdez" swing over bwd through horizontal plane with support on one arm		
alance Beam		Kolesnikova Anastasia	RUS	Flic-flac from side position with ½ turn (180°) to side hstd lower to optional end position		
alance Beam	5	Colussi Pelaez Silvia	ESP	Free (Aerial) Cartwheel in side position	WC Antwerp (BEL) 2013	
alance Beam		Schaefer Pauline	GER	Salto sideward tucked with ½ turn - take off from one leg to side stand	WC Nanning (CHN), 2014	
alance Beam		Grigoras Cristina Elena	ROU	Salto fwd tucked with ½ turn (180°) take-off from both legs		
alance Beam	5	Khorkina Svetlana	RUS	Gainer flic-flac with min. 3/4 turn (270°) before hand support		
alance Beam		Kochetkova Dina	RUS	Flic-flac with min. ¾ turn (270°) before hand support		
alance Beam		Liukin Nastia	USA	Salto fwd tucked, take-off from one leg to stand on one or two feet		
alance Beam		Omelianchik Oksana	USSR	Flic-flac with ¾ turn (270°) to side hstd (2 sec.) - lower to optional end position		
alance Beam		Onodi Henrietta	HUN	Jump bwd (flic-flac take-off) with ½ turn (180°) to walkover fwd		
alance Beam		Produnova Elena	RUS	Jump fwd with ½ turn (180°) - salto bwd piked		<u> </u>
alance Beam		Kitti Honti	HUN	Gainer flic - flac with ¼ turn (90°) to hstd (2 sec.)	WC Glasgow (GBR) 2015	<u> </u>
alance Beam		Rueda Eva	ESP	All flic-flac variations with piking and stretching of hips in flight phase with swing down to cross straddle sit		
alance Beam		Rulfova Jana	CZE	Flic-flac with 1/1 turn (360°) - swing down to cross straddle sit		1
alance Beam		Shishova Albina	USSR	Salto bwd tucked or stretched with 1/1 turn (360°)		
alance Beam		Teza Elvire	FRA	Flic-flac from side position with 1/1 turn (360°) to hip circle bwd		1
alance Beam		Tousek Yvonne	CAN	Flic-flac with step-out from side position		1
alance Beam		Portocarrero Luisa	GUA	Free (aerial) walkover fwd, landing on one foot in extended tuck sit, without hand support		1
alance Beam alance Beam		Worley Sheyla	USA BRA	Jump bwd with ½ turn (180°) handspring to land on two feet Salto fwd stretched with 2/1 turn (720°)	-	1
alance Beam alance Beam		Araujo Heine Bohmerova Lubica	SVK	Gainer salto_stretched with 1½ turn (720°) Gainer salto_stretched with 1½ turn (540) to side of beam		+
	_				YOG Singapore (SIN) 2010	
alance Beam alance Beam		Domingues Gabriela	ESA	Salto bwd tucked with 1½ turn (540°)	TOG Singapore (SIN) 2010	1
alance Beam alance Beam		Khorkina Svetlana	RUS	Gainer salto bwd stretched with 2½ turn (900°) to side of beam	OC Montroal (CAN) 1070	1
alance Beam alance Beam		Kim Nellie	USSR	Gainer salto tucked 1/1 turn (360°) at end of beam	OG Montreal (CAN) 1976 OG Moscow (RUS) 1980	1
alance Beam alance Beam		Kim Nellie		Free (aerial) cartwheell into salto bwd tucked	OG MOSCOM (KO2) 1900	1
alance Beam alance Beam		Patterson Karly Steingruber Giulia	USA SUI	Arabian double salto fwd tucked	WC Tokyo (JPN) 2011	1
alance Beam alance Beam		Olafsdottir Sonja	ISL	Gainer Salto bwd Stretched with 1/1 turn (360°) at the end of beam Gainer salto tucked with 1½ twist (540°) at end of beam	WC Tokyo (JPN) 2011 WC Doha (QAT) 2018	1
alance Beam	6		POL	Gainer salto tucked with 1½ twist (540°) at end of beam Gainer salto stretched with 2/1 twist (720°) at end of the beam	WC Dona (QAT) 2018 WC Doha (QAT) 2018	
alance Beam alance Beam			USA		WC Doha (QAT) 2018 WCH Stuttgart (GER) 2019	+
ararice bearing	U	Biles Simone	USA	Double salto bwd tucked with 2/1 twist (720°)	WOR Stuttgart (GEN) 2019	1

WOMEN'S ARTISTIC GYMNASTICS ELEMENTS						
APPARATUS	NAMED AFTER	FED	DESCRIPTION	EVENT / YEAR	VIDEO	
loor Exercise	•	•				
loor Exercise	Sankova Krystyna	UKR	Change Leg Ring Leap with ½ turn (180°)	WC Antwerp (BEL) 2013		
loor Exercise	Bulimar Diana	ROU	Johnson Leap with additional 1/1 turn (360°)	WC Tokyo (JPN) 2011		
loor Exercise	1 Ting Hua-Tien	TPE	Split leap to ring position with ½ turn (180°)	W Cup Melbourne (AUS) 2019		
loor Exercise	1 Csillag Tunde	HUN	Side split leap with 1/1 turn (360°)	WC Rotterdam (NED) 2010		
loor Exercise	1 Ferrari Vanessa	ITA	Split leap with 1/1 turn (360°) to ring position	OG London (GBR) 2012		
loor Exercise	Frolova Tatiana	USSR	Switch leap with ½ turn (180°) in flight phase			
loor Exercise	1 Popa Celestina	ROU	Straddle pike jump with 1/1 turn (360°)			
loor Exercise	1 Jurkowska - Kowalska, Katarzyna	POL	Split jump with 1/1 turn (360°) to ring position	WC Nanning (CHN), 2014		
loor Exercise	1 Vulcan Dora	ROU	Split jump with ½ turn (180°) to ring position	2016 TE Rio de Janeiro		
loor Exercise	2 Gomez Elena	ESP	4/1 turn (1440°) on one leg - free leg optional below horizontal			
loor Exercise	2 Hopfner-Hibbs Elyse	CAN	2/1 (720°) illusion turn without hand or foot support			
loor Exercise	2 Memmel Chelsia	USA	2/1 turn (720°) with free leg held upward in 180° split position			
oor Exercise	2 Mitchell Lauren	AUS	3/1 turn (1080°) in tuck stand on one leg – free leg straight throughout	WC Rotterdam (NED) 2010		
loor Exercise	Semenova Ksenija	RUS	2/1 turn (720°) in back attitude (knee of free leg at horizontal throughout turn)			
loor Exercise	2 Nguyen Tienna K	VIE	2/1 turn (720°) starting with free leg at horizontal, lowering to complete the turn in wolf position.	WC Doha (QAT) 2018		
loor Exercise	2 Berar Iulia	ROU	2/1 turn (720°) with free leg held with both hands bwd/upward throughout turn	European YOG Qual.(BAKU)2018	3	
loor Exercise	2 Mustafina, Aliva	RUS	3/1 (1080°) with leg held up in 180° split position	WC Nanning (CHN), 2014		
loor Exercise	3 Mostepanova Olga	USSR	Handspring fwd with 1/1 turn (360°) after hand support or before	, , , , ,		
loor Exercise	3 Tsavdaridou Vasiliki	GRE	Arabian (bwd_take-off) with ½ twist (90°) - free (aerial) cartwheel - continuing with ½ twist (90°) to front lying support			
loor Exercise	4 Andreasen Charlotte/Jentsch Martina	DEN/DDR	Arabian double salto tucked			
loor Exercise	4 Tarasevich Svetlana	BLR	Salto fwd stretched with 2/1 turn (720°)			
loor Exercise	4 Cojocar Sabina	ROU	Salto fwd stretched with 2½ turn (900°)			
loor Exercise	4 Maldonado Andrea	PUR	Salto fwd stretched with 3/1 turn (1080°)	W Cup Cottbus (GER) 2019		
loor Exercise	4 Dos Santos Daiane	BRA	Arabian double salto piked			
loor Exercise	4 Dos Santos Daiane	BRA	Arabian double salto stretched			
loor Exercise	4 Podkopayeva Lilia	UKR	Double salto fwd tucked. Also with ½ turn (180°)			
loor Exercise	4 Dowell Brenna	USA	Double Salto fwd Piked	WC Glasgow (GBR) 2015		
loor Exercise	5 Kim Nellie	USSR	Double salto bwd tucked	OG Montreal (CAN) 1976		
loor Exercise	5 Kim Nellie	USSR	Double salto bwd stretched-piked	WC Strasbourg (FRA) 1978		
loor Exercise	5 Mukhina Elena	USSR	Double salto bwd tucked with 1/1 turn (360°)	-		
loor Exercise	5 Silivas Daniella	ROU	Double salto bwd tucked with 2/1 turn (720°)			
loor Exercise	5 Chusovitina Oksana/Touzhikova Tatiana	USSR	Double salto bwd stretched with 1/1 turn (360°)			
loor Exercise	5 Biles Simone	USA	Double Salto bwd stretched with ½ turn (180°)	WC Antwerp (BEL) 2013		
loor Exercise	5 Moors Victoria	CAN	Double Salto bwd Stretched with 2/1 turn (720°)	WC Antwerp (BEL) 2013		
loor Exercise	5 Biles Simone	USA	Double salto bwd tucked with 3/1 twist (1080°)	WCH Stuttgart (GER) 2019		