



Športový klub pri Športovom osemročnom gymnáziu Nitra
Slančíkovej č.2, 950 50 Nitra
Tel. +421 911 430 001
mail: sksoognitra.info@gmail.com

Directives

EVENT NAME:

**CHRISTMAS NITRA 2022 / International competition in Rhythmic gymnastics /
Individuals A / B Program and Groups**

VENUE:

Nitra, Mestská hala Dolnočermanská 105 Nitra, 949 01, Slovakia

DATE:

25. - 27. 11. 2022

A/ GENERAL INFORMATION

SECTION	Rhythmic gymnastics
ORGANISER	ŠK ŠOG Nitra and S.A. Modergym
DATE	25. - 27. 11. 2022
VENUE	Nitra, Mestská hala, Dolnočermánska ul. 105, 949 01, Slovakia
LOC	ŠK ŠOG Nitra and C.A. Modergym Director: Zuzana Vilčeková Contact person: Zuzana Vilčeková Address: Slančíkovej 2, 950 50 Nitra, Slovakia Phone number: +421 911 430 001 E-mail: christmas.nitra@gmail.com Web site: www.gymnastikanitra.sk
REGISTRATION (ONLINE)	Deadline: 24. 10. 2022 Music MP3: 14. 11. 2022 Registrations are definitive.
ŽREBOVANIE	Will take place after registrations.
JUDGE MEETING	Will take place 30 mins before the opening competition.
ACCOMODATION	On costs of clubs. Recommendations for larger delegations: PKO Penzión http://www.pkonitra.sk/index.php?page=27 Contact: pko@pkonitra.sk Password: CHRISTMAS NITRA 2022 (mention this password when booking accomodation – contact via mail pko@pkonitra.sk !) Our prices are: Single - 55 € Double - 58 € Triple - 76 €

	<p>Four-bed room 96 € The price is WITH BREAKFAST.</p> <p>Other contacts for accomodation: Hotel City Nitra, Svätoplukovo námestie 126, 949 01 Nitra Hotel Centrum Svätoplukovo námestie 1, 949 01 Nitra Hotel Alexanders Mostná 2807, 949 01 Nitra Hotel Mikado Hollého 1496/11, 949 01 Nitra</p>
MEALS	On costs of clubs.
TRANSPORT	On costs of clubs.
COMPETITION OFFICE	Open daily from 7:00 in the hall.
INSURANCE	<p>The LOC will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. All participating Clubs are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e. g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>

B/ ŠPECIÁLNE USTANOVENIA

RULES AND REGULATIONS	The event will be organized under official RG rules, as valid in the year of the event, except for any deviation mentioned in these directives.
CATEGORIES	<p>According to KSIS system - www.rgform.eu Difficulties definition according to KSIS system - www.rgform.eu</p> <p>INDIVIDUALS</p> <p>BABIES WA: min. 3, highest 6 DB (without combinations) Min. 3 dance steps, min. 2 W Max. 3 R (Max 3 rotations)</p> <p>BABIES Apparatus: Min. 3, highest 6 DB (without combinations) Min. 2 dance steps, min. 2 W Min. 1, max. 8 DA Max. 3 R</p> <p>CHILDREN Min. 3, highest 6 DB (without combinations) Min. 2 dance steps, min. 2 W</p>

Min. 1, max. 10 DA
Max. 3 R

PREJUNIOR B

Min.3, highest 6 DB (max. 1 combination)
Min. 2 dance steps, min. 2 W
Min. 1, max. 12 DA
Max. 3 R

PREJUNIOR A

Min. 3, highest 7 DB (max. 1 combination)
Min. 2 dance steps, min. 2 W
Min. 1, max. 12 DA
Max. 3 R

JUNIORS B

Min. 3, highest 7 DB (max. 1 combination)
Min. 2 dance steps, min. 2 W
Min. 1, max. 12 DA
Max. 4 R

SENIORS B

Min. 3, highest 7 DB (max. 1 combination)
Min. 2 dance steps, min. 2 W
Min. 1, max. 12 DA
Max. 4 R

JUNIORS A

FIG rules

SENIORS A

FIG rules

SENIORS/JUNIORS A:

Senior/Junior A routines are divided into 2 days: Saturday - 2 apparatus, Sunday - 2 apparatus.

Seniors/Juniors A can choose within 2 options – they can perform in 2 apparatus by choice or in all 4 apparatus.

PREJUNIOR C

Max 5 DB (D limited max. 1,30 points), min. 2 W, min. 2 dance steps,
max. 4 DA

CHILDREN C

Max 5 DB (D limited max. 1,10 points), in. 2 W, min. 2 dance steps, max.
2 DA

GROUPS, DUOS/TRIOS (2/3)

	<p>SENIORS AND JUNIORS according to FIG rules</p> <p>2010 - 2011 DB/DE - max. 8 W - min. 2 R - max. 1 S - min. 2 Colaborations max. 15</p> <p>2012 - 2013 DB/DE - max.6 W - min. 2 R - max. 1 S - min. 2 Colaborations max. 12</p> <p>2014 and younger (WA) DB - max. 8 W - min.2 S - min. 3 Colaborations max.10</p>
CONDITIONS OF PARTICIPATION	<ul style="list-style-type: none"> • Medical approval not older than 1 year • Presence and registration at the announced time • 1 judge for the club • Entry fee 60 € / 4 routines Entry fee 40 € / 2 routines <p>SENIORS/JUNIORS A: Senior/Junior A routines are divided into 2 days: Saturday - 2 apparatus, Sunday - 2 apparatus. Seniors/Juniors A can choose within 2 options – they can perform in 2 apparatus by choice or in all 4 apparatus. Entry fee 25 € / 1 routine Entry fee 20 € / person in Groups, 2/3 Entry fee to be payed in cash at the venue. Music uploaded into KSIS system - www.rgform.eu</p>
DRESS	According to FIG rules
PROTESTS	According to FIG rules
AWARDING	1. place - cup, 1.-3. place – medal, all prticipants – presents and diplomas.
TIMETABLE (WILL BE UPDATED ON WWW.RGFORM. EU)	<p><u>Friday 25. 11. 2022 PROGRAM B</u> 7:00 Opening the hall, training 8:10 – 8:30 Judge and technical meeting 8:30 – Opening</p> <p><u>Saturday 26. 11. 2022 PROGRAM A (incl. Seniors/Juniors A 2 apparatus) + B</u> 7:00 Opening the hall, training 8:10 – 8:30 Judge and technical meeting 8:30 – Opening</p>

	<p>Sunday 27. 11. 2022 PROGRAM A (incl. Seniors/Juniors A 2 apparatus) + B + Groups, 2/3</p> <p>7:00 Opening the hall, training 8:10 – 8:30 Judge and technical meeting 8:30 – Opening</p>
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C/ ADDITIONAL INFORMATION

ORGANISATIONAL INSTRUCTIONS	<p>LOC is acting according to measures of Ministry of Health valid for organisations of mass sports events at the time. Current conditions valid at the time will be announced in advance. Participants are obliged to carry a registration label received at the Accreditation. Accreditation will be held at the entry to the hall.</p> <p>Music has to be uploaded to the system KSIS on rgform.eu. Additional USB with music labeled by the name of participant, category and club has to be given in to the technical official (music counter) if necessary. Coaches are responsible for their gymnasts during the whole competition.</p>
DOPING	Forbidden
RESULTS	Will be sent to the clubs by email after the competition. The results will be available also in KSIS system on www.rgform.eu .
PERSONAL DATA PROCESSING	The processing of personal data is governed by REGULATION (EU) 2016/679 OF THE EUROPEAN PARLIAMENT AND OF THE COUNCIL from 27 April 2016 and according to Directive 95/46/ EC data protection and Act no. 18/2018 Coll.

Director

