



Rhythmic gymnastics club

TJ Sokol Bratislava I. Vinohrady

invites you to participate in

30th Memorial of Herma Jochova

Saturday and Sunday, December 3th-4th 2022 Sport hall Elfo club MALINOVO,Slovakia

30th year of an international competition in rhythmic gymnastics Dear friends of rhythmic gymnastics,

We kindly invite you to participate in our very traditional Christmas competition dedicated to groups, duos, and trios and also for individual rhythmic gymnasts.

Don't miss this traditional RG competition with participants from all over the world which will take place in Bratislava, the capital of Slovakia – the heart of Europe. After last year's success, the competition will be held in Sports hall Mladosť, with addition of gala performances at the end of the day.

Memorial of Herma Jochova was one of the first annual competitions in Slovakia so we try to improve its quality each year while preserving the tradition of family atmosphere.

The sports hall Mladosť fulfills international standards as an RG venue and we're glad we can use it this year again for the competition. As a surprise, we'll also welcome our special guest, again.

Since Bratislava is our capital, it's easily accessible from the whole Europe. For those who need to take a longer trip by plane, we'll ensure transfer from airport to the hall / hotel.

TJ Sokol Bratislava is looking forward to you:

Katarína Kurucová – Competition director

Silvia Rohlíčková – Head of organising

Dominika Selecká – Head judge

Zora Luhová – Announcer

Preliminary program

Friday, December 2nd Arrival of delegations

Trainings (write the request – only foreign delegations)

Saturday, December 3 ^{rc}	From 7:00 AM - Registration of participants	

9:00 AM – Technical meeting (judges and coaches)

10:00 AM – Competition start

Sunday, December 4 th From 8:00 AM – Warm-up at the competition stage					
9:00 AM	 Technical meeting (judges and coaches) 				
10:00 AM	 Competition start 				

The exact time schedule of the competition day including warm-up at the competition stage and order of categories will be created based on the number of applications.

Competitors who don't participate in the award ceremony will immediately forfeiture the official ranking and all the awards associated with the particular place.

Competition categories Groups

Category Year of birth	Apparatus	Difficulty
Mini	WA	Mim. 6 DB – max 8DB
2014-2015		Min 2 W, max 0R, min 3 S, 4-10 DC 2 performances
Children	By choice	Max. 6 DB/DA (min 3 DB and min 3 DA)
2013-2012		Min 2 W, max 1R, min 1 S, 6-12 DC 2 performances
Hopes	By choice	Max. 8 DB/DA (min 3 DB and min 3 DA)
		Min 2 W, max 1R, min 1 S, 9-18 DC
2011-2010		2 performances
Juniors	5 ropes/5balls	Max. 8 DB/DA (min 3 DB and min 3 DA)
2009-2007		Min 2 W, max 1R, min 1 S, 6-15 DC According to FIG
		2 performances
Seniors	5 hoops	Max. 10 DB/DA (min 4 DB and min 4 DA)
2006 and older	3 ribbons +	Min 2 W, max 1R, min 1 S, 9-18 DC According to FIG
	2balls	1 performance of each routine

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Duos & trios	Apparatus	Difficulty
Category Year of birth		
Mini	WA	Mim. 6 DB – max 8DB
2014-2015		Min 2 W, max 0R, min 3 S, 4-10 DC min. 2 CC min. 2 CR
Children	By choice	Max. 6 DB/DA (min 3 DB and min 3 DA)
2013-2012	7	Min 2 W, max 1R, min 2 S, 6-12 DC min. 2 CC min. 2 CA 7 /CC C min. 2 CR max. 2 CA 7 /CC C
Hopes	B <mark>y cho</mark> ice	Max. 8 DB/DA (min 3 DB and min 3 DA)
2011-2010		Min 2 W, max 1R, min 2 S, 9-18 DC min. 2 CC min. 2 CR
		max. 2 C↗ □↗ □/C ∠ □ ∠ □ +CR
Juniors 2009-2007	By choice	Max. 8 DB/DA (min 3 DB and min 3 DA) Min 2 W, max 1R, min 2 S, 6-15 DC min. 2 CC min. 2 CR max. 2 CP 7 / C / C / C / C max. 2 CP 7 / C / C / C / C
Seniors 2006 and older	By choice	Max. 10 DB/DA (min 4 DB and min 4 DA) Min 2 W, max 1R, min 2 S, 9-18 DC min. 3 CC min. 3 C7 7 /C2 2 min. 3 CR
		max. 3 C↗ □ ↗ □ / C ∠ □ ∠ □ + CR

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Music cuts for duos and trios must not exceed 1:450 to 2:00 minutes.

All duos/trios will go only 1 performance.

Gymnasts competing in groups cannot compete in duos and/or trios

Individuals

Category	A	В	С
Year of birth			Only Slovak
Mini	WA + by choice	WA	WA
2015-2014 🍐	DB min.3 max 6	DB min.3 max 6	DB 4
	DA 1-10	Min 2 W	Min 2 W
	Min 2 W	Min 3 S	Min 3 S
	Min 2 S (WA 3xS)	Max 3 x R	Max 2 x R2
	Max 3 x R	Max 0 CDB	Max 0 C <mark>DB</mark>
	Max 0 CDB	1	
Children	ball + by choice	hoop + by choice	hoop
	DB min.3 max 6	DB min.3 max 6	DB min.3 max 5
2013-2012	DA 1-10	DA 1-10	DA 1-2
	Min 2 W	Min 2 W	Min 2 W
	Min 2 S	Min 2 S	Min 2 S
	Max 3 x R	Max 3 x R	Max 0 x R
	Max 0 CDB	Max 0 CDB	Max 0 CDB
Hopes	clubs + by choice	ball + by choice	ball
-	DB min.3 max 7	DB min.3 max 6	DB min.3 max 5
2011-2010	DA 1-12	DA 1-10	DA 1-4
	Min 2 W	Min 2 W	Min 2 W
	Min 2 S	Min 2 S	Min 2 S
	Max 3 x R	Max 3 x R	Max 0 x R
	Max 1 CDB	Max 1 CDB	Max 0 CDB
Juniors	ribbon + by choice	ball + by choice	clubs
2000 2007	DB min.3 max 7	DB min.3 max 7	DB min.3 max 6
2009-2007	DA 1-15	DA 1-12	DA 1-6
	Min 2 W	Min 2 W	Min 2 W
	Min 2 S	Min 2 S	Min 2 S
	Max 4 x R2	Max 4 x R	Max 0 x R
	Max 1 CDB	Max 1 CDB	Max 0 CDB
Seniors	clubs + by choice	ribbon + by choice	ribbon
2005 ·	DB min.3 max 9	DB min.3 max 7	DB min.3 max 6
2006 and	DA 1-20	DA 1-12	DA 1-6
older	Min 2 W	Min 2 W	Min 2 W
	Min 2 S	Min 2 S	Min 2 S
	Max 5 x R	Max 4 x R	Max 0 x R
	Max 3 CDB	Max 1 CDB	Max 0 CDB

The organizing club reserves the right to:

- Grant exception in apparatus
- Divide particular categories according to years of birth
- Change the second performance of divided categories according to birth years to finals in order to limit the number of competitors

To be considered a participant, the application must be filled in until October 28th 2022 at https://www.rgform.eu/event.php?id_prop=4125

Applications of clubs registered sooner will be accepted preferentially. In a case of excessive number of applicants, the organizing club will accept or decline the remaining applications based on the number of gymnasts in each category and a geographical balance of participating clubs.

Further organizational information will be sent before the competition

Competition fee

The competition fee for a gymnast in duo, trio, and group is $15 \in$, for individuals it's $40 \in$ per 2 rutines, $25 \in$ per 1 rutine. The fee doesn't include any other service. This fee must be paid cash at the registration before the judge meeting.

In case of excessive number of participants, we'll ask you to pay in advance.

Judges

In order to participate, each club must register at least one qualified judge. The charge for a delegation without a judge is $50 \in$. Judges will be divided into groups at the technical judges' meeting before the competition starts.

All registered judges must be present the whole competition day.

Music

Music must be registered until November 28th 2022 at <u>https://www.rgform.eu/event.php?id_prop=4125</u>

Venue

Elfo club, Malinovo Address: Družstevná 575, 900 45 Malinovo

Where to eat

There will be only coffe buffet in the hall. Also there is an above-mentioned supermarket and restaurant near.

Accomodation

The organizing club is not responsible for accommodation. Some accommodations can also be ordered in the hall, but the number is limited. We recommend accommodation in Bratislava. It's close if you drive.

Organizers:

TJ Sokol Bratislava I. Vinohrady, the oldest RG club in Slovakia

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30. ročník Memoriálu Hermy Jochovej