



4th Czech Aerobic Open 2009

19.03.-22.03.2009 in Zlín, Czech Republic

Official FIG Event No. 5343

Dear friends,
after very successful 3rd Czech Aerobic Open 2008 in Zlín, Czech Republic, in which took part almost 600 competitors from 10 countries (**AUS, AUT, EST, ISR, HUN, MDA, RUS, SRB, SVK, CZE**) in all age groups, the Czech Gymnastics Federation is pleased to invite you for the 4th Czech Aerobic Open on 19th of March and 22nd of March 2009 in Zlín. Please find enclosed participants conditions and the rules:

Competition Venue:

Sports Hall NOVESTA, U Zimního Stadionu 4286, 760 01 Zlín, Czech Republic

Provisional timetable:

| | |
|---------------------------------------|---|
| Thu. 19th of March: | All day arrival of the delegations, training possible |
| Fri. 20th of March: | Morning: training/rehearsal, a possibility, on the podium, Orientation Meeting, Judges Meeting 10.00 Start of the Qualifications in cat. ND, AG 1, AG2 |
| Sat. 21st of March: | Morning: training/rehearsal, a possibility, on the podium, Orientation Meeting, Judges Meeting 10.00 Start of the Qualifications in cat. ND, AG 1, AG 2, Seniors |
| Sun. 22nd of March: | Morning: training/rehearsal, a possibility, on the podium, 10.00 Start of the Finals in all cat. |
| Mon. 23rd of March: | Departure of the delegations. |

A precise timetable will be provided after entry form deadline and sent to the participating delegations.

Provisional Entry form and Hotel Reservation:

By the 19th of January 2009

Nominative Entry form and Arrivals information:

By the 19th of February 2009

Participation Fee:

EUR 15,-/Participant (IW, IM, MP, TR, GR)

Payments can be made in cash (European Euros) on the day or made payable to the account of the Czech Gymnastics Federation Bank:

by the 19th of February 2009

| | |
|------------------------|-------------------------------------|
| Account holder: | Czech Gymnastic Federation |
| Account no.: | 1724809504/0600 |
| Bank name: | GE Money Bank, a.s. |
| Bank address: | Vítězné nám. 2, 160 00 Praha |
| IBAN Code: | CZ6406000000001724809504 |
| SWIFT Code: | AGB A CZ PP |

Czech Gymnastic Federation

Artistic Gymnastics - Trampoline - Acrobatic
Gymnastics - General Gymnastics –
Aerobic Gymnastics



Česká gymnastická federace

Sportovní gymnastika - Skoky na trampolíně -
Akrobatická gymnastika - Všeobecná gymnastika -
Gymnastický aerobik

Age Categories:

Adults: year of birth 1991 and older
Youth AC 15-17: year of birth 1992, 1993, 1994
Youth AC 12-14: year of birth 1995, 1996, 1997
Youth AC 9-11: year of birth 1998, 1999, 2000

Competitions/Categories:

There are no limitation in number of participants per nation and per category.

The Competitions will be for:

aerobic gymnastics: Individual Man (IM), Individual Woman (IW), Mixed Pairs (MP), Trios (TR)
and **Groups (GR)** in all Age Groups.

step aerobic: groups of 6-8 members in all Age Groups (adults, 15-17, 12-14, 9-11).

An athlete can participate in max. three categories.

Reserve Athletes:

For Mixed Pairs, Trios and Groups can be one reserve athlete each.

Juries:

Delegations must send at least a minimum of one judge with FIG/national brevet.

Transport

Free transport will be provided between hotels and the bus station Zlin and the train station Zlin. Transport is possible as well from the following airports but you must pay a special prize for it (approximately 10-15-20 Euros, depends on no. of persons):

from Wien airport (200km from Zlin)
from Bratislava airport (150km from Zlin)
from Brno airport (100km from Zlin)

Rules

New Generation Youth AG 9-11

FIG- Code of Points (AGC) 2009-2012 Appendix V, National Development

Youth AG 12-14

FIG- Code of Points (AGC) 2009-2012 Appendix V, Age Group 1

Youth AG 15-17

FIG- Code of Points (AGC) 2009-2012 Appendix V, Age Group 2

Adults

FIG- Code of Points 2009-2012



Hotels and Accommodations: Categories and Prices

Official hotels of our competition are (category B prices):

Hotel Moskva <http://www.moskva-zlin.cz/index.php?page=home&jazyk=en>

Hotel Garni <http://www.hotelgarnizlin.cz/index.html>

Standart prices in these hotels are much more higher, but in spite of our cooperation with these hotels as a sponsors of our competition we offer for our participants special prices as follows:

| Hotel | Rooms | Prices per person per room | Number of persons | Number of nights | TOTAL |
|--------------|-------------------|----------------------------|-------------------|------------------|-------|
| | Single Room cat.A | € 50 | ___ x € 50 | | |
| | Double Room Cat.A | € 40 | ___ x € 40 | x ___ = | |
| | Single Room Cat.B | € 30 | ___ x € 30 | | |
| | Double Room Cat.B | € 25 | ___ x € 25 | x ___ = | |
| | 3-Bed Room | € 20 | ___ x € 20 | x ___ = | |
| TOTAL | | | | | |

The breakfast is not included in hotel price. But if you want you can order breakfast in your hotel as following:

The price for one breakfast is 5 €.

All bookings must be made through the Organizing Committee. For those delegations that did not book their accommodation through the OC, the OC decline any responsibility for the local transportation and no admissions for the Farewell Party will be given. Those delegations and/or extra persons of a delegation would have the possibility to buy a party ticket. The price is 20 Euro.

The number of triple rooms is limited. First to apply and pay for triple rooms will get the rooms. If the number of triple rooms are full you will be moved to double rooms. You will be informed before the definitive entry. In that case delegations will have to pay for the new reservation.

From the hotel, you can reach the competition hall within a few minutes walking distance. For busses there will be enough parking space in front of the hotel.

Meals:

Meal (lunch and dinner) will be provided at the competition place. Prices are approximately 5-7 Euros for "fast food" lunch or dinner, there are not included in prize of hotel. But if you want you can order full board or just lunch or dinner in your hotel as following:

The prize for one meal is 8 €. The prize for full board (lunch and dinner) is 15 €.

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Farewell Party:

On Sunday, 22nd of March, there will be Farewell Party, organized by OC. Farewell Party is free of charge for those persons, who take the accommodation through the OC. For additional persons is possible as well, but they should pay 20 € for ticket.

Contact, Registration, Information about Accommodation

Mrs. Andrea Visnova, Aerobic Gymnastics Committee of CGF, president

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Skype: andreavisnova

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www.sportovniaerobik.cz

Mr. Jan Pravda, Aerobic Gymnastics Committee of CGF, sport's manager

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or

Czech Gymnastics Federation

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e-mail:cgf@cstv.cz

For further information about Zlin you can find:

Deutsch:

<http://www.mestozlin.cz/de/page/21133.herzlich-willkommen-in-zlin/>

English:

<http://www.mestozlin.cz/en/page/5.welcome-to-zlin/>

More informations you can find also on our English web sites: www.sportovniaerobik.cz/en